

GRETCHEN G. GRIFFIN – PROFESSIONAL COACH



- ❖ Executive Coaching
- ❖ Powerful Team Coaching
- ❖ Sustainable Leadership Development
- ❖ Dynamic Facilitator
- ❖ Holistic Approach

DESCRIPTION

Gretchen Griffin is a professional coach with a passion for calling forth the best in others. Trained by the renowned [Coaches Training Institute](#) and the [Center for Right Relationship](#), Gretchen uses a variety of coaching tools and strategies to help each client reach their goals. She creates a supportive, action oriented environment that champions her clients to achieve their full potential.

Gretchen's extensive leadership development background is woven into each coaching engagement. With a variety of engaging practices and tools, Gretchen has a way of bringing out the full potential of each person she works with. Whether you are seeking greater effectiveness as a leader or want to live a more fulfilled life, Gretchen is a powerful ally to support your journey.

SERVICES

Coaching

- Executive Coaching
- Team Coaching
- Career Coaching
- Work/Life Balance

Assessments

- Birkman
- 360 Feedback
- HBDI
- Conflict modes

Facilitation

- Teambuilding
- Planning sessions
- Group process
- System Coaching

Training

- Communication
- Leadership Development
- Stress Management
- Professional Development

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"In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit."
- Albert Schweitzer